

CONTRACT

6 Week Private Coaching Course

MUST HAVE:

Uta Hagen's: "**Challenge for the Actor**" or "**Respect for Acting**" - (either book is fine however, I do prefer "Challenge for the Actor" as it lays out clear and distinct exercises for the actor.

Actors Journal: This can be either a spiral notebook or leather bound note book. Here you will include your actors process, notes, character experiences, daily perspective and acknowledgments.

Film Script: _____: This script will be our through line script. I will have chosen a film script that represents great writing, story structure, and rich characters. You'll read this script prior to our first meeting.

One Play: This will be additional reading material, we may or may not work from this script. The importance is for you to develop and appreciation and understanding of a chosen playwright that you admire. Depending on your experience this play may be well known or one that is unique to your person. Your play is _____ (decide at first session)_____.

ONLINE APPS: You'll need a VOXER account for daily check ins and communications with your instructor. You'll also need to download ZOOM on your lap top or even better a desk top. (Do not conduct sessions on your phone). Create a clear and unrestricted place for these calls.

Vision: In our consultation you will have been advised to explore the vision you want for your life and your career. You'll be encouraged to create a commitment to that vision and trust that everyday your way of BEING and COMMITTED ACTION will be leading you to that vision. Who are you now, what do you want (vision) and who are you committed to being every day to make that happen? You'll be asked to create a vision and mission statement. Write your vision and mission statement here so that I can help hold you accountable. You will also need to write it in your actors journal.

Suggested Further Reading

READ: *Acting for the Camera* by Tony Barr

How to Audition for Camera by Sharon Bialy

LESSONS: The following is a blue-print. We may stray from this to some degree based on your comprehension, advancement, or creating further clarity around specific personal or technical obstacles.

WEEK ONE:

- 1) Relaxation and Listening
- 2) LAVA (*We'll venture into this throughout the course*)
- 3) GOTE (*brief explanation more details next week*)
- 4) Research and Invisible work process. (6 Steps)
 - 1) **AB scene Break Down.** (This will be sent to you in the initial package. You'll use this scene to explore the 6 step process for week 2)
- 5) Uniting self with character.

6) Read Feature script a second time for the following week.

Note: Read script minimum of 3 times during our process. 1) Audience Perspective 2) Directors Perspective 3) Actor / Character Perspective. Questions to ask will be discussed.

7) Review for following week.

WEEK TWO:

- 1) Guided Relaxation
- 2) Review journal and process.
- 3) AB Scene exploration. (Emphasis on 6 Steps) and moving in to GOTE.
- 4) Select simple Scene from film script. (*You'll have this prepared for week*)
- 5) The FIVE SENSES (information)
- 6) Read Feature script a 3rd time and be prepared with simple scene for next week.
- 7) **Review following week**

WEEK THREE:

- 1) Guided relaxation
- 2) Explore simple scene assigned
- 3) Review GOTE and 6 Steps
- 4) Dive into "Cycle Of Communication" Information, thought, emotion/feeling, action
- 5) COC exercise and exploration – how to apply
- 6) Either choose anew scene or redo same scene for next week.
- 7) You'll do your own relaxation exercise prior to next week.
- 8) Following week exercise AWARENESSES.
- 9) **Review following week**

WEEK FOUR

- 8) Review "COC" and AWARENESSES"
- 9) Explore 2nd Simple Scene.
- 10) Discuss STAKES, EXPECTATIONS, and CONFLICT
- 11) What are transitions? What are Beats?
- 12) Read Play for next week.
- 13) Emotional Relationship with an Object.
- 14) Assign "Creative Process Monologue" – What is a monologue, actually?
 - 1) You'll create/ write a monologue speaking to 3 different people on the phone. You'll include all of the elements while exploring a **private moment**. This must be written, rehearsed and we'll explore it twice. You must have a beginning middle and end. (3- 5 minutes max)
- 15) **Review following week**

WEEK FIVE

- 1) Review week Awarenesss and "COC"
- 2) The five Senses (review)
- 3) Discuss the play.
- 4) What is Emotional memory- When to use?

- 5) Understanding Substitution- when to use?
- 6) Emotional relationship with an Object exercise.
- 7) Sense memory (the power of sensory and emotion)
- 8) Prepare Final Scene for week SIX. (this will be determinant on where we are thus far). You'll treat the scene like an audition.
- 9) ***Review following week***

WEEK SIX

- 1) Explore Audition Scene (you have prepared)
- 2) Understanding the Audition Process
- 3) Emotional relationship with an object exploration.
- 4) Booking the room, Building relationships, Letting Go, and Confidence
- 5) BRANDING
- 6) What is the next step?
- 7) Set a plan for the year ahead.
- 8) Goals and Expectations.
- 9) Review online presence.
- 10) Mission Statement.

DATES:

Session One

Session Two

Session Three

Session Four

Session Five

Session Six

AGREEMENT/ CONTRACT

Private session consultation and mentorship.

Location: Primarily, meetings will be online. Depending on location/ climate we may have in-studio meetings.

Zoom meeting link will be sent ongoing please lock in the meeting address and password.

We will arrange consistent time and location that is convenient for both parties.

This agreement includes minimum of 6

- **(6) 1.5-hour (90 minutes)** private sessions, these may run longer based on each session reach of clarity. No longer than 2 hours max.
- **(1) Initial 15 minute consultation call prior to sessions. (08-25-2020)**
- **(4) 15-minute phone calls** during course or via **VOXER connections**.

Client Agreement. _____ **Initial**

Price:

The cost of the 6 sessions, **\$_1,350__** and due no later than two days prior to the first session.

First Session Date _____

While we have a mutual agreement that both parties are willing to be flexible with time and location, **a 24-hour cancelation notice is required of both parties**. If for whatever reason one of the parties is unable to attend the session or an understandable emergency prevents the meeting, the session will be rescheduled at a time both parties are available. Depending on the circumstances and if unavailable, I (Brionne Davis), may provide a substitute to mentor a session for the best interest of the client. (This course will also included at least one invited guests that is a professional working actor to assist you in scene work.)

Initial _____

The session will begin promptly at the agreed time. They will run no longer than 90 minutes (2 hour max) .

Both parties _____ (client) and mentor **Brionne Davis** (or other representative) understand that this system is meant for the betterment of the client. **The client understands that they, themselves, are fully responsible for their own success**. This system is in place to assist you. This is not a guarantee of work. We do not assure specific outcomes, nor specific industry related results. However, if you follow the guidelines we set with you, we can assert an elevation in the quality of your life and work in your chosen career, further inspiration , and empowerment. The mission is to guide you in a productive direction based on the success and results of our experiences and knowledge and vision. **This program is not therapy nor is the mentor/teacher a therapist.**

Initial _____

All sessions and assignments must be completed by the client. There is no return policy on this product. Only the instructor/ mentor may decide to cancel the program due to unforeseeable circumstances (at instructors discretion or other unavoidable acts of nature). Therefore, monies only under these aforementioned circumstances will be returned to the client based on the prorated amount. Otherwise the agreement remains intact.

The online sessions will be recorded and will serve a variety of purposes including your review of materials. Your review of scenes, notes, and lecture. You'll be able to see where you have grown and what areas can be improved. On some occasions we *may* select your image or video to include in marketing or other online courses, while this is very rare, we do reserve the right to include your image in the process of helping other actors, industry professionals. This exposure is in service and really puts you in a greater light that further serves the community.

Upon your agreement please make payment to:

Submit payment **\$1350.00** to Brionne Davis

Venmo - @brionnedavis (*preferred*)

Paypal paypal.me/brionnedavis

I agree to this contract.

Print Name: _____

Date: _____ Signature: _____

COACH:

Brionne Davis Date: _____

Signature : _____

I very much look forward to working with you and assisting you into the next chapter of your growth and empowerment.